

# **Human MMP-1 ELISA Kit**

**User Manual  
(Revised Feb. 3, 2006)**

**Human MMP-1  
ELISA Kit Protocol**

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## **ELISA Kit Protocol**

### **TABLE OF CONTENTS**

I.	Introduction.....	2
II.	Reagents.....	2
III.	Storage.....	3
IV.	Additional Materials Required.....	3
V.	Reagent Preparation.....	3
VI.	Assay Procedure.....	5
VII.	Assay Procedure Summary.....	6
VIII.	Calculation of Results	
A.	Typical Data.....	7
B.	Sensitivity.....	8
C.	Recovery.....	8
D.	Linearity.....	8
E.	Reproducibility.....	9
IX.	Specificity.....	9
X.	Troubleshooting Guide.....	10

## I. INTRODUCTION

The Human MMP-1 ELISA (Enzyme-Linked Immunosorbent Assay) kit is an in vitro enzyme-linked immunosorbent assay for the quantitative measurement of human MMP-1 pro and active forms in serum, plasma (using heparin as an anticoagulant, EDTA and Citrate are not recommended), cell culture supernatants and urine. This assay employs an antibody specific for human MMP-1 coated on a 96-well plate. Standards and samples are pipetted into the wells and MMP-1 present in a sample is bound to the wells by the immobilized antibody. The wells are washed and biotinylated anti-human MMP-1 antibody is added. After washing away unbound biotinylated antibody, HRP-conjugated streptavidin is pipetted to the wells. The wells are again washed, a TMB substrate solution is added to the wells and color develops in proportion to the amount of MMP-1 bound. The Stop Solution changes the color from blue to yellow, and the intensity of the color is measured at 450 nm.

## II. REAGENTS

1. MMP-1 Microplate (Item A): 96 wells (12 strips x 8 wells) coated with anti-human MMP-1.
2. Wash Buffer Concentrate (20x) (Item B): 25 ml of 20x concentrated solution
3. Standards (Item C): 2 vials, recombinant human MMP-1.
4. Assay Diluent (Item E): 15 ml of 5x concentrated buffered. For Standard/Sample (serum/plasma/cell culture medium/urine) diluent.
5. Detection Antibody MMP-1 (Item F): 2 vial of biotinylated anti-human MMP-1 (each vial is enough to assay half microplate)..
6. HRP-Streptavidin Concentrate (Item G): 8  $\mu$ l 22,000x concentrated HRP-conjugated streptavidin.
7. TMB One-Step Substrate Reagent (Item H): 12 ml of 3,3',5,5'-tetramethylbenzidine (TMB) in buffered solution.
8. Stop Solution (Item I): 8 ml of 2 M sulfuric acid.

### III. STORAGE

May be stored for up to 5 months at 2° to 8°C from the date of shipment. Standard (recombinant protein) should be stored at -20 °C or -80 °C (recommended at -80 °C) after reconstitution. Opened Microplate Wells and reagents may be store for up to 1 month at 2° to 8°C. Return unused wells to the pouch containing desiccant pack, reseal along entire edge.

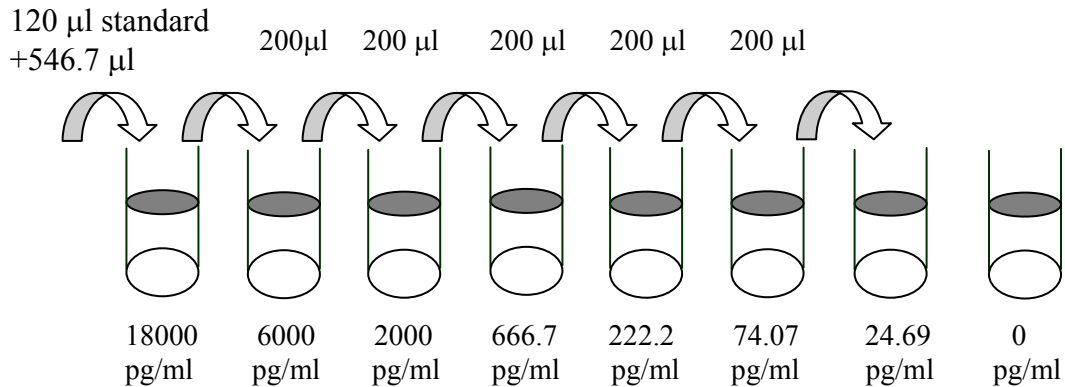
### IV. ADDITIONAL MATERIALS REQUIRED

- 1 Microplate reader capable of measuring absorbance at 450 nm.
- 2 Precision pipettes to deliver 2 µl to 1 ml volumes.
- 3 Adjustable 1-25 ml pipettes for reagent preparation.
- 4 100 ml and 1 liter graduated cylinders.
- 5 Absorbent paper.
- 6 Distilled or deionized water.
- 7 Log-log graph paper or computer and software for ELISA data analysis.
- 8 Tubes to prepare standard or sample dilutions.

### V. REAGENT PREPARATION

1. Bring all reagents and samples to room temperature (18 - 25°C) before use.
2. Preparation of standard: **Briefly spin the vial of Item C** and then add 400 µl 1x Assay Diluent (Item E) into Item C vial to prepare a 0.1 µg/ml standard. **Dissolve the powder thoroughly** by a gentle mix. Add 120 µl MMP-1 standard from the vial of tem C, into a tube with 546.7 µl 1x Assay Diluent Buffer (for serum/plasma/cell culture medium/urine) to prepare a 18000 pg/ml

stock standard solution. Pipette 400 $\mu$ l 1x Assay Diluent into each tube. Use the stock standard solution to produce a dilution series (shown below). Mix each tube thoroughly before the next transfer. Gently vortex to mix. 1x Assay Diluent serves as the zero standard (0 pg/ml).



3. Sample dilution: If your samples need to be diluted, Assay Diluent (Item E) is used for dilution of serum/plasma/culture supernatants/urine.
4. Assay Diluent (Item E) should be diluted 5-fold with deionized or distilled water before use.
5. If the Wash Concentrate (20x) (Item B) contains visible crystals, warm to room temperature and mix gently until dissolved. Dilute 20 ml of Wash Buffer Concentrate into deionized or distilled water to yield 400 ml of 1x Wash Buffer.
6. Briefly spin the Detection Antibody vial (Item F) before use. Add 100  $\mu$ l of 1x Assay Diluent into the vial to prepare a detection antibody concentrate. Pipette up and down to mix gently (the concentrate can be stored at 4°C for 5 days). The detection antibody concentrate should be diluted 80-fold with 1x Assay Diluent and used in step 4 of Part VI Assay Procedure.

7. Briefly spin the HRP-Streptavidin concentrate vial (Item G) and pipette up and down to mix gently before use. HRP-Streptavidin concentrate should be diluted 22,000-fold with 1x Assay Diluent.






*For example: Briefly spin the vial (Item G) and pipette up and down to mix gently . Add 2  $\mu$ l of HRP-Streptavidin concentrate into a tube with 198.0  $\mu$ l 1x Assay Diluent to prepare a 100-fold diluted HRP-Streptavidin solution (don't store the diluted solution for next day use). Mix through and then pipette 50  $\mu$ l of prepared 100-fold diluted solution into a tube with 11 ml 1x Assay Diluent to prepare a final 22,000 fold diluted HRP-Streptavidin solution.*

## **VI. ASSAY PROCEDURE:**

1. Bring all reagents and samples to room temperature (18 - 25°C) before use. It is recommended that all standards and samples be run at least in duplicate.
2. Add 100  $\mu$ l of each standard (see Reagent Preparation step 2) and sample into appropriate wells. Cover well and incubate for 2.5 hours at room temperature or over night at 4°C.
3. Discard the solution and wash 4 times with 1x Wash Solution (200  $\mu$ l each).
4. Add 100  $\mu$ l of 1x prepared biotinylated antibody (Reagent Preparation step 6) to each well. Incubate for 1 hour at room temperature.
5. Discard the solution and wash 4 times with 1x Wash Solution (200  $\mu$ l each).
6. Add 100  $\mu$ l of prepared Streptavidin solution (see Reagent Preparation step 7) to each well. Incubate for 45 minutes at room temperature.

7. Discard the solution and wash 5 times with 1x Wash Solution (200  $\mu$ l each).
8. Add 100  $\mu$ l of TMB One-Step Substrate Reagent (Item H) to each well. Incubate for 30 minutes at room temperature in the dark.
9. Add 50  $\mu$ l of Stop Solution (Item I) to each well. Read at 450 nm immediately.

## **VII. ASSAY PROCEDURE SUMMARY**

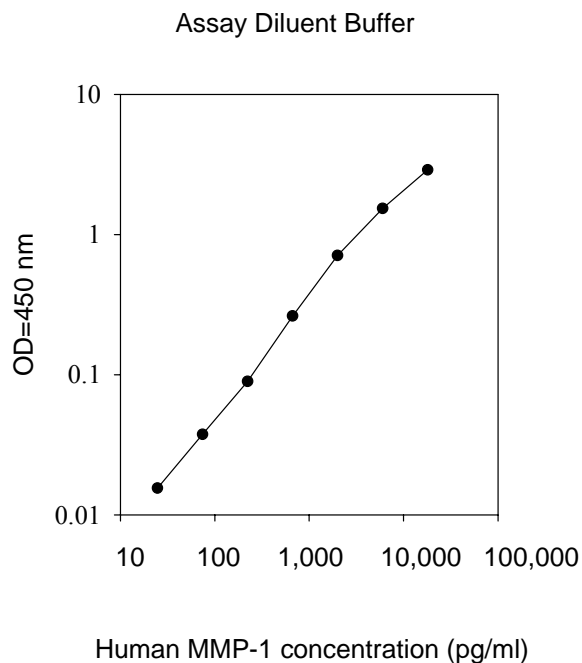
1. Prepare all reagents, samples and standards as instructed.  

2. Add 100  $\mu$ l standard or sample to each well.  
Incubate 2.5 hours at room temperature or over night at 4°C.  

3. Add 100  $\mu$ l prepared biotin antibody to each well.  
Incubate 1 hour at room temperature.  

4. Add 100  $\mu$ l prepared Streptavidin solution.  
Incubate 45 minutes at room temperature.  

5. Add 100  $\mu$ l TMB One-Step Substrate Reagent to each well.  
Incubate 30 minutes at room temperature.  

6. Add 50  $\mu$ l Stop Solution to each well.  
Read at 450 nm immediately.

## VIII. CALCULATION OF RESULTS

Calculate the mean absorbance for each set of duplicate standards, controls and samples, and subtract the average zero standard optical density. Plot the standard curve on log-log graph paper or using Sigma plot software, with standard concentration on the x-axis and absorbance on the y-axis. Draw the best-fit straight line through the standard points.

### A. TYPICAL DATA

These standard curves are for demonstration only. A standard curve must be run with each assay.



### B. SENSITIVITY

The minimum detectable dose of MMP-1 is typically less than 8 pg/ml.

### C. RECOVERY

Recovery was determined by spiking various levels of human MMP-1 into human serum, plasma and cell culture media. Mean recoveries are as follows:

Sample Type	Average % Recovery	Range (%)
Serum	97.78	88-106
Plasma	99.59	90-107
Cell culture media	98.66	90-106

### D. LINEARITY

Sample Type	Serum	Plasma	Cell Culture Media
1:2 Average % of Expected Range (%)	98 90-106	99 89-106	98 89-107
1:4 Average % of Expected Range (%)	97 90-106	95 89-107	96 90-107
1:8 Average % of Expected Range (%)	95 88-108	96 90-106	94 90-109

### E. REPRODUCIBILITY

Intra-Assay: CV<10%  
Inter-Assay: CV<12%

## **IX. SPECIFICITY**

Cross Reactivity: This ELISA kit shows no cross-reactivity with any of the cytokines tested (*e.g.*, human Angiogenin, BDNF, BLC, ENA-78, FGF-4, IL-1 $\alpha$ , IL-1 $\beta$ , IL-2, IL-3, IL-4, IL-5, IL-6, IL-7, IL-8, IL-9, IL-10, IL-11, IL-12 p70, IL-12 p40, IL-13, IL-15, IL-309, IP-10, G-CSF, GM-CSF, IFN- $\gamma$ , Leptin (OB), MCP-1, MCP-3, MDC, MIP-1 $\alpha$ , MIP-1  $\beta$ , MIP-1 $\delta$ , MMP-2, -3, -9, -10, PARC, RANTES, SCF, TARC, TGF- $\beta$ , TIMP-1, TIMP-2, TNF- $\alpha$ , TNF- $\beta$ , TPO, VEGF).

## X. TROUBLESHOOTING GUIDE

<b>Problem</b>	<b>Cause</b>	<b>Solution</b>
1. Poor standard curve	<ol style="list-style-type: none"> <li>1. Inaccurate pipetting</li> <li>2. Improper standard dilution</li> </ol>	<ol style="list-style-type: none"> <li>1. Check pipettes</li> <li>2. Ensure correct preparation of standards</li> </ol>
2. Low signal	<ol style="list-style-type: none"> <li>1. Too brief incubation times</li> <li>2. Inadequate reagent volumes or improper dilution</li> <li>3. Sample concentration too low</li> </ol>	<ol style="list-style-type: none"> <li>1. Ensure sufficient incubation time; assay procedure step 2 change to over night</li> <li>2. Check pipettes and ensure correct preparation</li> <li>3. Don't make dilution too lower</li> </ol>
3. Large CV	<ol style="list-style-type: none"> <li>1. Inaccurate pipetting</li> </ol>	<ol style="list-style-type: none"> <li>1. Check pipettes</li> </ol>
4. No linearity	<ol style="list-style-type: none"> <li>1. Improper standard or sample dilution</li> <li>2. Inaccurate pipetting</li> </ol>	<ol style="list-style-type: none"> <li>1. Check pipettes and dilution</li> <li>2. Check pipettes</li> </ol>
5. Low sensitivity	<ol style="list-style-type: none"> <li>1. Improper storage of the ELISA kit</li> <li>2. Improper dilution</li> <li>3. Stop solution</li> </ol>	<ol style="list-style-type: none"> <li>1. Store your standard at <math>&lt;-20^{\circ}\text{C}</math> after reconstitution, others at <math>4^{\circ}\text{C}</math>. Keep substrate solution protected from light</li> <li>2. Ensure correct preparation of standards, samples and reagents</li> <li>3. Stop solution should be added to each well before read at 450nm</li> </ol>



**Notes:**

