

# **Human BDNF ELISA Kit**

**User Manual  
(Revised Oct 8, 2008)**

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## **I. INTRODUCTION**

BDNF is found in neurons of the central nervous system. It is expressed predominantly in hippocampus, cortex, and synapses of the basal forebrain. BDNF selectively supports the survival of primary sensory neurons and retinal ganglia. It supports survival and differentiation of certain cholinergic neurons and also some dopaminergic neurons in vitro. The factor inhibits the normal cell death of embryonic chick motor neurons.

The Human BDNF ELISA (Enzyme-Linked Immunosorbent Assay) kit is an in vitro enzyme-linked immunosorbent assay for the quantitative measurement of human BDNF in serum, plasma, cell culture supernatants and urine. This assay employs an antibody specific for human BDNF coated on a 96-well plate. Standards and samples are pipetted into the wells and BDNF present in a sample is bound to the wells by the immobilized antibody. The wells are washed and biotinylated anti-human BDNF antibody is added. After washing away unbound biotinylated antibody, HRP-conjugated streptavidin is pipetted to the wells. The wells are again washed, a TMB substrate solution is added to the wells and color develops in proportion to the amount of BDNF bound. The Stop Solution changes the color from blue to yellow, and the intensity of the color is measured at 450 nm.

## **II. REAGENTS**

1. BDNF Microplate (Item A): 96 wells (12 strips x 8 wells) coated with anti-human BDNF.
2. Wash Buffer Concentrate (20x) (Item B): 25 ml of 20x concentrated solution
3. Standards (Item C): 2 vials, recombinant human BDNF.
4. Assay Diluent A (Item D): 30 ml, 0.09% sodium azide as preservative. For Standard/Sample (serum/plasma) diluent.
5. Assay Diluent B (Item E): 15 ml of 5x concentrated buffer. For Standard/Sample (cell culture medium/urine) diluent.

6. Detection Antibody BDNF (Item F): 2 vial of biotinylated anti-human BDNF (each vial is enough to assay half microplate).
7. HRP-Streptavidin Concentrate (Item G): 8  $\mu$ l of 30,000x concentrated HRP-conjugated streptavidin.
8. TMB One-Step Substrate Reagent (Item H): 12 ml of 3,3',5,5'-tetramethylbenzidine (TMB) in buffered solution.
9. Stop Solution (Item I): 8 ml of 2 M sulfuric acid.

### **III. STORAGE**

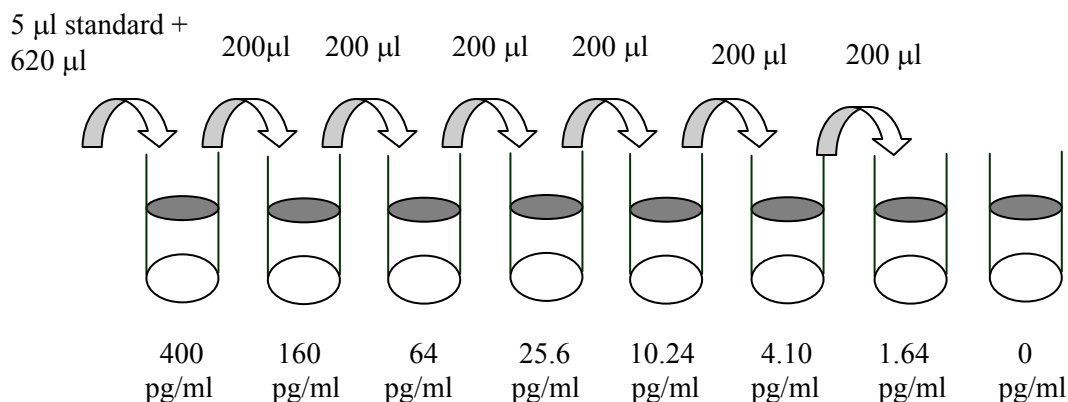
May be stored for up to 5 months at 2° to 8°C from the date of shipment. Standard (recombinant protein) should be stored at -20 °C or -80 °C (recommended at -80 °C) after reconstitution. Opened Microplate Wells and reagents may be store for up to 1 month at 2° to 8°C. Return unused wells to the pouch containing desiccant pack, reseal along entire edge.

### **IV. ADDITIONAL MATERIALS REQUIRED**

- 1 Microplate reader capable of measuring absorbance at 450 nm.
- 2 Precision pipettes to deliver 2  $\mu$ l to 1 ml volumes.
- 3 Adjustable 1-25 ml pipettes for reagent preparation.
- 4 100 ml and 1 liter graduated cylinders.
- 5 Absorbent paper.
- 6 Distilled or deionized water.
- 7 Log-log graph paper or computer and software for ELISA data analysis.
- 8 Tubes to prepare standard or sample dilutions.

## V. REAGENT PREPARATION

1. Bring all reagents and samples to room temperature (18 - 25°C) before use.
2. Preparation of standard: **Briefly spin the vial of Item C** and then add 400  $\mu\text{l}$  Assay Diluent A (for serum/plasma samples) or 1x Assay Diluent B (for cell culture medium and urine) into Item C vial to prepare a 50 ng/ml standard. **Dissolve the powder thoroughly by a gentle mix.** Add 5  $\mu\text{l}$  BDNF standard from the vial of Item C, into a tube with 620  $\mu\text{l}$  Assay Diluent A or 1x Assay Diluent B to prepare a 400 pg/ml stock standard solution. Pipette 300  $\mu\text{l}$  Assay Diluent A or 1x Assay Diluent B into each tube. Use the stock standard solution to produce a dilution series (shown below). Mix each tube thoroughly before the next transfer. Assay Diluent A or 1x Assay Diluent B serves as the zero standard (0 pg/ml).



3. Sample dilution: If your samples need to be diluted, Assay Diluent A (Item D) is used for dilution of serum/plasma samples, and Assay Diluent B (Item E) is used for dilution of culture supernatants and urine.
4. Assay Diluent B should be diluted 5-fold with deionized or distilled water.

5. If the Wash Concentrate (20x) (Item B) contains visible crystals, warm to room temperature and mix gently until dissolved. Dilute 20 ml of Wash Buffer Concentrate into deionized or distilled water to yield 400 ml of 1x Wash Buffer.
6. Briefly spin the Detection Antibody vial (Item F) before use. Add 100  $\mu$ l of 1x Assay Diluent B into the vial to prepare a detection antibody concentrate. Pipette up and down to mix gently (the concentrate can be stored at 4°C for 5 days). The detection antibody concentrate should be diluted 80-fold with 1x Assay Diluent B and used in step 4 of Part VI Assay Procedure.
7. Briefly spin the HRP-Streptavidin concentrate vial (Item G) and pipette up and down to mix gently before use. HRP-Streptavidin concentrate should be diluted 30,000-fold with 1x Assay Diluent B.




*For example: Briefly spin the vial (Item G) and pipette up and down to mix gently . Add 2  $\mu$ l of HRP-Streptavidin concentrate into a tube with 198  $\mu$ l 1x Assay Diluent B to prepare a 100-fold diluted HRP-Streptavidin solution (don't store the diluted solution for next day use). Mix through and then pipette 40  $\mu$ l of prepared 100-fold diluted solution into a tube with 12 ml 1x Assay Diluent B to prepare a final 30,000 fold diluted HRP-Streptavidin solution.*

## **VI. ASSAY PROCEDURE:**

1. Bring all reagents and samples to room temperature (18 - 25°C) before use. It is recommended that all standards and samples be run at least in duplicate.
2. Add 100  $\mu$ l of each standard (see Reagent Preparation step 2) and sample into appropriate wells. Cover well and incubate for 2.5 hours at room temperature or over night at 4°C.

3. Discard the solution and wash 4 times with 1x Wash Solution (200  $\mu$ l each).
4. Add 100  $\mu$ l of 1x prepared biotinylated antibody (Reagent Preparation step 6) to each well. Incubate for 1 hour at room temperature.
5. Discard the solution and wash 4 times with 1x Wash Solution (200  $\mu$ l each).
6. Add 100  $\mu$ l of prepared Streptavidin solution (see Reagent Preparation step 7) to each well. Incubate for 45 minutes at room temperature.
7. Discard the solution and wash 5 times with 1x Wash Solution (200  $\mu$ l each).
8. Add 100  $\mu$ l of TMB One-Step Substrate Reagent (Item H) to each well. Incubate for 30 minutes at room temperature in the dark.
9. Add 50  $\mu$ l of Stop Solution (Item I) to each well. Read at 450 nm immediately.

## **VII. ASSAY PROCEDURE SUMMARY**

1. Prepare all reagents, samples and standards as instructed.  

2. Add 100  $\mu$ l standard or sample to each well.  
Incubate 2.5 hours at room temperature or over night at 4°C.  

3. Add 100  $\mu$ l prepared biotin antibody to each well.  
Incubate 1 hour at room temperature.  

4. Add 100  $\mu$ l prepared Streptavidin solution.

Incubate 45 minutes at room temperature.



5. Add 100  $\mu$ l TMB One-Step Substrate Reagent to each well.  
Incubate 30 minutes at room temperature.



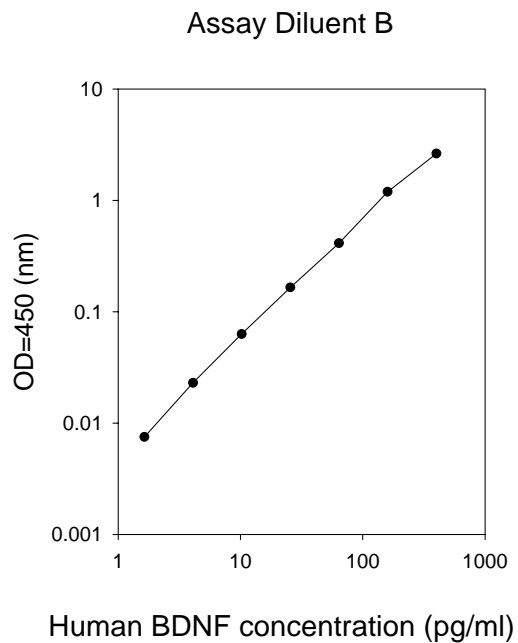
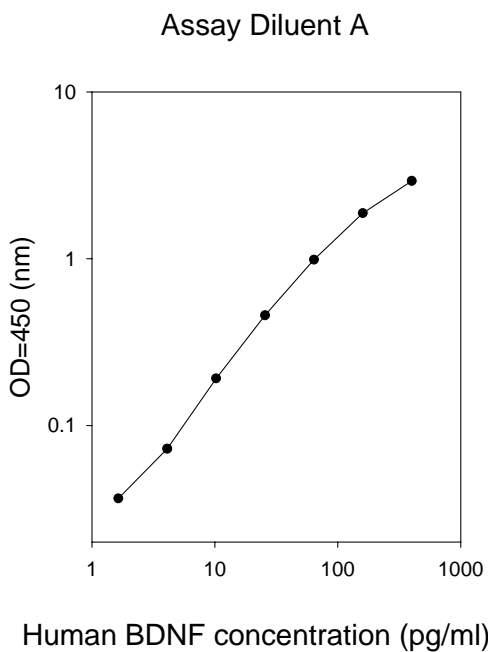
6. Add 50  $\mu$ l Stop Solution to each well.  
Read at 450 nm immediately.

## VIII. CALCULATION OF RESULTS

Calculate the mean absorbance for each set of duplicate standards, controls and samples, and subtract the average zero standard optical density. Plot the standard curve on log-log graph paper or using Sigma plot software, with standard concentration on the x-axis and absorbance on the y-axis. Draw the best-fit straight line through the standard points.

### A. TYPICAL DATA

These standard curves are for demonstration only. A standard curve must be run with each assay.



## **B. SENSITIVITY**

The minimum detectable dose of BDNF is typically less than 3 pg/ml.

## **C. RECOVERY**

Recovery was determined by spiking various levels of human BDNF into human serum, plasma and cell culture media. Mean recoveries are as follows:

Sample Type	Average % Recovery	Range (%)
Serum	94.57	83-103
Plasma	92.48	82-102
Cell culture media	93.35	83-103

## **D. LINEARITY**

Sample Type	Serum	Plasma	Cell Culture Media
1:2 Average % of Expected Range (%)	93 83-103	92 84-103	94 83-104
1:4 Average % of Expected Range (%)	94 84-104	93 83-102	95 85-103
1:8 Average % of Expected Range (%)	98 82-101	96 83-103	95 82-102

## **E. REPRODUCIBILITY**

Intra-Assay: CV<10%

Inter-Assay: CV<12%

## **IX. SPECIFICITY**

Cross Reactivity: This ELISA kit shows no cross-reactivity with any of the cytokines tested (*e.g.*, human Angiogenin, BLC, ENA-78, FGF-4, IL-1 $\alpha$ , IL-1 $\beta$ , IL-2, IL-3, IL-4, IL-5, IL-7, IL-8, IL-9, IL-10, IL-11, IL-12 p70, IL-12 p40, IL-13, IL-15, IL-309, IP-10, G-CSF, GM-CSF, IFN- $\gamma$ , Leptin, MCP-1, MCP-2, MCP-3, MDC, MIP-1 $\alpha$ , MIP-1  $\beta$ , MIP-1 $\delta$ , PARC, PDGF, RANTES, SCF, TARC, TGF- $\beta$ , TIMP-1, TIMP-2, TNF- $\alpha$ , TNF- $\beta$ , TPO, VEGF).

## **X. REFERENCES:**

1. **Barde YA** The nerve growth factor family Progress in Growth Factor Research 2: 237-248 (1990).
2. **Thoenen H** The changing scene of neurotrophic factors. Trends in Neurological Sciences 14: 165-170 (1991).
3. **Acheson A et al** A BDNF autocrine loop in adult sensory neurons prevents cell death Nature (London) 374(6521): 450-453 (1995).

## XI. TROUBLESHOOTING GUIDE

<b>Problem</b>	<b>Cause</b>	<b>Solution</b>
1. Poor standard curve	<ol style="list-style-type: none"> <li>1. Inaccurate pipetting</li> <li>2. Improper standard dilution</li> </ol>	<ol style="list-style-type: none"> <li>1. Check pipettes</li> <li>2. Ensure a brief spin of Item C and dissolve the powder thoroughly by a gentle mix.</li> </ol>
2. Low signal	<ol style="list-style-type: none"> <li>1. Too brief incubation times</li> <li>2. Inadequate reagent volumes or improper dilution</li> </ol>	<ol style="list-style-type: none"> <li>1. Ensure sufficient incubation time; assay procedure step 2 may change to over night</li> <li>2. Check pipettes and ensure correct preparation</li> </ol>
3. Large CV	<ol style="list-style-type: none"> <li>1. Inaccurate pipetting</li> </ol>	<ol style="list-style-type: none"> <li>1. Check pipettes</li> </ol>
4. High background	<ol style="list-style-type: none"> <li>1. Plate is insufficiently washed</li> <li>2. Contaminated wash buffer</li> </ol>	<ol style="list-style-type: none"> <li>1. Review the manual for proper wash. If using a plate washer, check that all ports are unobstructed.</li> <li>2. Make fresh wash buffer</li> </ol>
5. Low sensitivity	<ol style="list-style-type: none"> <li>1. Improper storage of the ELISA kit</li> <li>2. Stop solution</li> </ol>	<ol style="list-style-type: none"> <li>1. Store your standard at <math>&lt;-20^{\circ}\text{C}</math> after reconstitution, others at <math>4^{\circ}\text{C}</math>. Keep substrate solution protected from light</li> <li>2. Stop solution should be added to each well before measure</li> </ol>



**Notes:**

